

APPLICATION

10567NAT DIPLOMA OF PILATES MOVEMENT THERAPY

APMA Education & Training
Registered Training Organisation (RTO) for the APMA



AUSTRALIAN
PILATES METHOD
ASSOCIATION
EDUCATION & TRAINING

Dear Applicant,

Thank you for your interest in our Diploma of Pilates Movement Therapy (10567NAT).

THE CLEAR CHOICE

The APMA developed this government-recognised Diploma using its well-regarded **Level Two Pilates Instructor Course** (1999 to today) as a template. The result is a product of many years of debate, study and practice from several highly respected voices in the profession, making it the most comprehensive and balanced course in the marketplace.

UNITS OF COMPETENCY

10567NAT DIPLOMA OF PILATES MOVEMENT THERAPY

PILEXS501A	Apply a broad knowledge of exercise science, planning and programming to Pilates Movement Therapy
PILMUS502A	Plan and deliver Pilates Movement Therapy for clients with musculoskeletal needs
PILFLR503A	Design and instruct a Pilates Movement Therapy floorwork session
PILEQU504A	Design and instruct Pilates Movement Therapy using equipment
PILPOS505A	Undertake postural appraisal of low risk clients for Pilates Movement Therapy
HLTWHS300A	Contribute to WHS processes
HLTPOP402C	Assess readiness for and effect behaviour change
HLTAP401B	Confirm physical health status
HLTCOM406C	Make referrals to other health care professionals when appropriate
HLTCOM404C	Communicate effectively with clients
TAEDEL401A	Plan, organise and deliver group based learning
HLTAP501C	Analyse health information
HLTCOM502C	Develop professional expertise

DELIVERY METHODS

For more details, including dates and the Course syllabus, please liaise directly with your local Course Deliverer.

A full list of our excellent Course Deliverers and their locations can be found on our website.

Alternatively, you can request for the APMAET to select a Course Deliverer for you.
(See Application Form below)



DIPLOMA APPLICATION FEE (please tick)

\$300 Due upon application

PERSONAL DETAILS

Application Date

Home Phone

Name

Mobile

Mailing Address

City

I would like to receive my Learner Materials package by:

State

Postcode

Hard copy (land mail)

Email

Digital (email)

PRE-REQUISITES ATTACHMENT CHECKLIST

Indicate you have completed requirements and attach copies of all documents to this application

30 hours prior personal practice with Instructors/Practitioners that includes Pilates equipment based work

Tertiary level or equivalent of anatomy and physiology (knowledge of skeleton, muscle actions, origin/insertion)

Curriculum Vitae (CV)

Working with children card; - Current Level II Apply First Aid Certificate with CPR


Other relevant Industry experience/qualifications or references

PAYMENT OPTIONS

EFT  (Pay Electronically)

Account Name: APMA
BSB: 633-000
Account Number: 156 490 898
Bank: Bendigo Bank

Note name and 'DIPLOMA' on reference & attach payment receipt.

CREDIT CARD  Please note that a 1.5% surcharge is applicable to all credit card transactions

Name on card:

Tick Card Type: Mastercard Visa

Card Number:

Expiry Date: / Security Code:

CHEQUE  **Make Payable to:** Australian Pilates Method Association Inc

Cardholders Signature: _____

FOR OFFICE USE ONLY

Date Application Received:

Date Approved: _____ Approved